

## Curriculum Vitae



**Al Aly, MD**, is a Staff Physician in the Surgical Subspecialties Institute at Cleveland Clinic Abu Dhabi. He is a plastic surgeon specializing in aesthetic surgery of the face, as well as body contouring after massive weight loss. Dr. Aly pioneered the subspecialty of body contouring after massive weight loss and has either invented or developed most of the currently utilized procedures in this field, including Belt Lipectomy, Body and Upper Body Lift, Tummy Tuck, Arm Reduction (Brachioplasty), Thigh Reduction and Male Breast Reduction.

He is one of only six to have received the Lockwood Award, granted to those who have made major contributions to the field of body contouring plastic surgery. He has lectured and given surgical demonstrations in over 25 countries. He initiated and developed the first online plastic surgery textbook and is currently the Editor-in-Chief of the Plastic Surgery Education Network, the largest online

plastic surgery education online portal. He is also currently the President of the Aesthetic Surgery Research & Education Foundation.

### **Achievement and Career Highlights**

Pioneered and developed Massive Weight Loss Body Contouring Surgery, a major subspecialty of plastic surgery.

Edited and published the first textbook and industry reference on Body Contouring After Massive Weight Loss.

Rewarded “Lockwood Award” given by the American Society of Aesthetic Plastic Surgery (ASAPS) for major contributions in body contouring plastic surgery (only awarded six times in history).

Recognized world expert in Belt Lipectomy, Body and Upper Body Lift, Tummy Tuck, Arm Reduction (Brachioplasty), Thigh Reduction, Male Breast Reduction and Breast Reconstruction in Massive Weight Loss patients.

Lectured and gave live surgery demonstrations in over 25 countries.

Edited the first ever online plastic surgery textbook on E-medicine.

Editor-in-Chief, Plastic Surgery Education Network.

Member, Board of Directors, American Society of Aesthetic Plastic Surgery.

President, Aesthetic Society Education and Research Foundation, 2014 - 2015.

Co-chair of Education, American Society of Aesthetic Plastic Surgery, 2012 – 2014.